

HARRY MILLER MIDDLE SCHOOL
ANNOUNCEMENT FORM
Today's Date: **Monday September 25, 2017**

Administration: Mme McCrea:

Today there will be Art Club at 12:15
Renaissance at 12:00 in the conference room

Teacher: Mrs. Barrett:

Popsicles will be sold during the second half of lunch. Cost is \$1. Proceeds go to the Terry Fox Foundation.

This is National Forest week. Here at HMMS we are celebrating 5 days for the forest with daily "Treevia" questions. Today's question is – Maple, oak and birch are examples of this type of tree. Write your answer on a slip of paper and put it in the basket in the office for a chance to win a prize.

Cafeteria:

Just a reminder for students
Please do not touch food that you are not purchasing
Make sure you have enough money before taking things.
Thanksgiving dinner is coming up!
Tickets will be on sale soon. Thanks Carrie.

Teacher: Mrs. Throop:

The final JV Boys list will be posted by the end of day today. Thank you to all those who came out to any of the three tryouts. You will have your first team practice on Tuesday on the Arthur Miller Lower field from 3:30-5.

Good luck to the Varsity Teams as they open their season today against RPS. The girls will face off on the Lower field and the boy's matchup will take place on the upper field starting at 4pm.

The JV girls were supposed to have a game tomorrow but that has been cancelled and will be rescheduled. You will practice tomorrow from 3:30-5 on the Arthur Miller Lower field.

There will be an important meeting for all 4 soccer teams in the gym at lunch today starting at 12:15. As a result grade 8 intramurals will start tomorrow.

There will be a Cross country practice today at lunch. Check in with Mrs. Lagace before going outside.

Cheer practice will be Wednesday 6-8:30.

What is Mindful Monday? It doesn't matter what you have done or not done, said or not said, thought or not thought. Today, right now, you have positive qualities. Discovering them, acknowledging them, and embracing them are steps toward healthy self-esteem. Think about your positive attributes. Are you:

- A good listener
- Kind to animals
- Hardworking
- Loving
- Responsible
- Talented at a hobby
- Loyal
- Sincere
- Patient
- Let's work hard to be the best person we can be. Have a Mindful Monday